## Making a difference

Mobile Health works in partnership with the Ministry of Health, local district health boards and your local health professionals to provide low risk, elective day surgery for rural New Zealanders.

The service has been operating since March 2002 and since then we have treated close to 30,000 patients, primarily in rural New Zealand.

#### **EQUITABLE ACCESS TO HEALTHCARE**

The Mobile Surgical Unit – Te Waka Hauora, provides patients with the opportunity to receive treatment in their own community, close to their family, whanau and their support people. This has many benefits including removing the burden of travel and accommodation.

Chris Heath, anaesthetic technician, based in Wanaka says "All Kiwis deserve access to quality healthcare no matter where they live, so bringing our surgical unit to their local area is very much appreciated by the local communities - they tell us this time and time again."



Chris Heath, anaesthetic technician, Mobile Health

### About us

Mobile Health is funded by the Ministry of Health to provide a range of health services to rural communities. In addition to the mobile surgical unit, the organisation also operates the following services:

#### MY HEALTH HUB

My Health Hub provides regular online education sessions for health professionals. Services include webinars, study days and short courses. myhealthhub.co.nz

#### **TELEHEALTH RESOURCE CENTRE**

The Telehealth Resource Centre provides free support and advice to any health provider starting or expanding telehealth services.

#### telehealth.org.nz

Website:	mobilehealth.co.nz
Photos:	mobilehealth.co.nz/photos
Virtual tour:	mobilehealth.co.nz/tour
Newsletter:	mobilehealth.co.nz/newsletter



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#### **MOBILE HEALTH**

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# mobile health



## Day Surgery for Rural NZ

## What we do

We provide low risk elective day surgery in rural communities which do not have local access to a full operating theatre.

Patients are referred by their local GP to their district health board who place them on the mobile surgical unit operating list where appropriate.

The unit is equipped for a wide range of specialties including:

• Dental

Endoscopy

• Plastic surgery

- General surgery
- Orthopaedics
- Gynaecology
  - Virtual tour:

#### mobilehealth.co.nz/tour

**Our team** 

The surgical team includes eight clinical staff:



The surgeon and anaesthetist have overall responsibility for your care.



An anaesthetic technician and a clinical nurse leader co-ordinates the day and oversees the local nursing team.



Four nurses from each rural town work as scrub nurse, circulating nurse, and recovery and discharge nurses.

The team is supported by a steerologist (driver) who sets up and oversees the surgical unit.



## Where we go

The surgical unit travels to 24 rural locations on a 5-week cycle which includes three weeks in the North Island and two weeks in the South Island. Each evening the surgical unit is packed up and driven to the next town.





