

YOU'RE INVITED TO A **ZOOM WEBINAR**



**RURAL NURSES  
NEW ZEALAND**  
Nga nahi tuawhenua o Aotearoa

# HEART FAILURE AND CARDIAC MEDICATIONS

WEDNESDAY, 11TH AUGUST, 7PM - 8PM



## **RACHEL HALL**

*Nurse Practitioner, Cardiology, Bay of Plenty DHB*

Rachel Hall currently works as a Nurse Practitioner in Cardiology for BOP DHB, plus runs clinics in Te Puke linked with PHOs delivering Hauora Services. She trained as a RGON, going on to get a BN in 2000, a M.H. Sc in 2007 and another Post Grad Cert in 2014. Rachel has been involved with Cardiac Rehabilitation for many years and has chaired the CSANZ Rehab committee and been representative on the International Committee of Cardiac Rehabilitation. She has taught a post-graduate Cardiology paper for nurses for several years. Currently a lot of her week is spent providing Heart Failure Clinics, helping patients reach optimal health. Rachel is also involved with Adult Congenital Heart Services transitional clinics plus involved in monitoring of patients with various pacing devices.

### **THE TOPIC WILL INCLUDE:**

- **Types of heart failure**
- **Medications shown to benefit and guideline for titration**
- **Other therapies to help Heart failure (CRT, Ablation)**
- **Patient self-monitoring**
- **Adjusting diuretics.**

**REGISTRATIONS REQUIRED**

Use the link: <https://tinyurl.com/evjahsw4>