



Mobile Health
Rural Health
Development
Programme

Presenter Portfolio

December 2020



Overview of Portfolio Topics

The following is a list of the broad category topics we have presenters available to speak on – refer to “subjects” under each presenter listed within this Portfolio for the bullet point list of individual topics (each bullet point topic is a one hour education session)!

- Abuse and Neglect Prevention
- Acute and Common Paediatric Presentations
- Advance Care Planning
- Aged Care
- Cardiology and Cardiovascular disease
- Children at Risk
- Chronic Kidney Disease
- Chronic Pain Management
- Communication Disorders, Dysphagia
- Continence
- Dementia
- Depression
- Diabetes and Juvenile Diabetes
- Drug Interactions in the Elderly
- Emergency medicine, including trauma and care of the trauma patient
- Endometriosis
- Eye complaints, including paediatric
- Falls in Older People
- Inequities in Maori Health
- Infection Prevention and Control
- Immunisation
- Legal issues – hiring, restructuring, redundancy, disciplinary, personal grievance
- Menopause and HRT
- Mental Health
- Microbiology and Multi Resistant Drug Organisms
- Moving and handling patients
- Nutrition
- Obesity
- Obstetric Emergencies
- Open Disclosure
- Osteoporosis
- Paediatric presentations/emergencies
- Parkinson’s disease
- PDRP programme, portfolio development
- Privacy, Rights, Confidentiality, Choice
- Quality and Risk Management
- Radiological Assessment
- Respiratory Medicine
- Sepsis
- Sexual Health
- Skin cancer
- Stress, Anxiety and Panic Attacks
- Stroke – Management and Rehabilitation
- Treaty of Waitangi – Implications for Healthcare
- Triage in Primary Care
- Weight - T2 diabetes, healthy eating, evidence based nutrition
- Wound Care

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Lisa Sparks

NZRN BHSc
PG Cert (Advanced practice)

Occupation: Clinical Nurse Specialist, Diabetes - Waitemata DHB

Subjects:

- Overview of diabetes
- Insulins
- Hypos and Hyperglycaemic incidents
- Long term complications and comorbidity
- Oral Hypoglycaemic agents
- Diabetic emergencies



Biography: Lisa is a clinical nurse specialising in diabetes. She has a background in acute medicine and has worked in primary care as a diabetes auditor. She now works at Waitemata DHB's diabetes service and is involved in diabetes education.

Rope Neuro Rehab Team

Occupation: Rope Neuro Physiotherapists, Occupational Therapists and Speech Therapists have had extensive experience working with neurological clients in the community and supportive care settings. The team leader is Julie Rope.

Subjects:

- Moving and Handling Patients
- Stroke Rehabilitation
- Management of Vestibular Imbalance
- Polio – yesterday, today and tomorrow – pathophysiology of Polio and theory behind Post-Polio Syndrome, and late effects of Polio.



Biography: Julie graduated from Otago University in 1997 with a Bachelor of Physiotherapy. Julie is passionate about what physiotherapy can offer the neurological client with regards to management, treatment and education.

Kate Berridge

RNCP MN (Hons)

Occupation: Clinical Nurse Specialist in Bariatrics
Beyond Obesity

Subjects:

- Why diets don't work
- Understanding the complexities of obesity
- Unpicking weight bias
- The impact of stress on Obesity
- Caring for the post-surgery weight loss patient



Biography: Kate is founder and director of Beyond Obesity. Kate is passionate about reframing the way obesity is viewed in our current environment, in particular how it intersects with health and healthcare. Her study around obesity has shown the impact shame has on our physical and mental health; the provision of self-care is not intuitive.

Respiratory Nurse Specialists, Middlemore

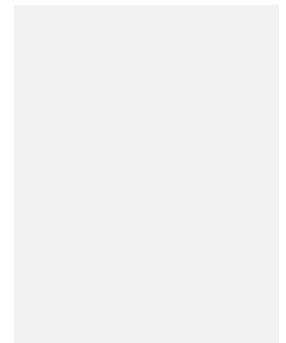
NZRN

Occupation: Clinical Nurse Specialists, Respiratory - Middlemore Hospital
Nicola Corna
Nirmala Sami
Shyama Abraham
Hunter Osborne
Ragni Mestry

Subjects:

- Respiratory Failure and Arterial Blood Gases
- Airways disease, asthma, Bronchiectasis & COPD
- Managing the Breathless Patient
- Oxygen Therapy
- Obstructive Sleep Apnoea

Biography:



Toni Johnston

Occupation: Associate Charge Nurse Manager, Southern Critical Care, Dunedin Hospital
Paramedic, Order of St John, Southern Region

Subjects:

- Preparing patients for air retrieval
- Trauma Assessment and care of the trauma patient

Biography: Toni is a highly skilled career professional with over 25 years' experience in nursing within hospital environments, and over 30 years' experience as a pre-hospital emergency care provider in primary care environments (Order of St John). She is the ACNM responsible for the aero medical evacuation/flight service offered by the Dunedin Hospital ICU. Toni is also Chair of the College of Air and Surface Transport Nurses.



Helen Gibbs

Occupation: Helen Gibbs Dietitian

Subjects:

- Talking about weight
- What should I have for dinner – first conversations about diabetes with newly diagnosed T2
- Healthy eating guidelines – what's the evidence and how to target messages
- When a patient asks about diabetes reversal
- Working with patients who express scepticism about evidence based nutrition
- Managing malnutrition through “food first”

Biography: Helen qualified as a dietitian in 1998. She has worked the majority of her career in Primary care with time split between the UK and NZ. Her interests include health literacy, weight bias and providing evidence-based education on nutrition. She contracts to and writes for Diabetes NZ.



Maureen Coshall

NZRN

Occupation: Sexual Health Clinical Nurse Specialist - Canterbury District Health Board

Subjects:

- Sexual history taking and reference resources
- Examination and testing for STI's and BBV's
- Contact tracing / partner notification for common and notifiable STI's and BBV's
- Common STI's and current treatment guidelines
- Syphilis – the great pretender. Current epidemiology, trends in congenital syphilis and case presentations
- Mycoplasma genitalium – the new STI on the block!
- Sexual health in a war zone



Biography:

Maureen is a sexual health Clinical Nurse Specialist. She has a military background (UK armed forces) and has served in Afghanistan. She has received recognition of her work in all things sexual health.

Tracey Forward

NZRN

Nurse Practitioner

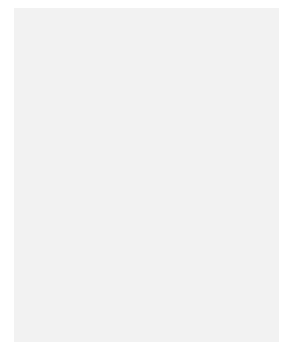
Occupation: Community Mental Health Services - Auckland DHB

Subjects:

- Screening for Mental health issues in a general setting
- Assessment of risk to self: self-harm and suicide
- Common medical issues in the psychiatric population
- Obsessive compulsive disorder

Biography:

Tracey is a nurse practitioner with over 25 years' experience in mental health nursing, having worked in community, inpatient, crisis, and liaison psychiatry settings. Her current role is as a NP in the primary secondary interface running primary mental health clinics and offering assessment/brief intervention to secondary mental health clients.



Jessica Buddendijk

Occupation: Aged Care Advisor

Subjects:

- Open Disclosure
- Compliance with Health and Disability sector
- Cultural Safety
- Sexuality & intimacy
- Privacy, Rights, Confidentiality, Choice
- Independence
- Quality & Risk Management through good Communication & Documentation
- Abuse and Neglect prevention
- Restraint Minimisation and Safe Practice
- Managing behaviour that challenge us
- Complaints Management and Open Disclosure
- EPOA, Advance Directives, Informed Consent Resuscitation
- Health and Safety & Civil Defence
- Ageing process
- Mental Illness
- Dementia care
- Bullying in the workplace
- Death and dying and spirituality



Biography:

Jessica has more than 35 years' experience in the health sector. In 1991 she developed a quality assurance package which is used in the sector to this day. She was a lead auditor from 2002 until 2009, and now advises the sector on quality systems, care and education.

Dr Julia Slark

PhD RN

Occupation: Senior Lecturer, School of Nursing – University of Auckland

Subjects:

- Management of acute stroke

Biography: Julia has 15 years Neuroscience nursing experience and was a Clinician Nurse Specialist in stroke for 12 years. Her PhD focussed on “Risk awareness as a tool to improve secondary stroke prevention”. Julia has many published articles on Stroke, both from a clinical and academic perspective.



David Garland/CNS Team

NZRN
MN

Occupation: Clinical Nurse Specialist Team, Ophthalmology Dept - Greenlane Hospital

Subjects:

- Common Eye Complaints, including Glaucoma and Ulveitis
- Paediatric Eye Conditions

Biography: David has 10 years in Ophthalmology working in ophthalmic theatre, ward and clinic. During this time, he completed his master's in nursing at Auckland University. Now based at Greenlane and Waitakere Hospital Eye clinics; with his interest in retinal and inflammatory eye disease.



Dr Jan Bone

EMERGENCY PHYSICIAN
FACEM

Occupation: Consultant Physician, Emergency Department - Christchurch Hospital

Subjects:

- Emergency Medicine
- Trauma
- Acute Paediatric Presentations
- Paediatric Resuscitation : Bag valve mask (Ambubag) + Intraosseous Insertion – practical demonstration of two easy to learn and lifesaving skills



Biography: Jan is an Emergency Department Physician at Christchurch Hospital. She was formerly Clinical Director of the Clinical Skills Unit at Christchurch Hospital.

Ben Harris

Registered Med Lab Scientist

Occupation: Medical Microbiology Scientist
NZ Infection Prevention and Control (NZIPC) Consultancy

Subjects:

- Microbiology
- Infection Prevention and Control
- Multi Resistant Drug Organism's
- Urinary tract infections
- Skin infections,
- STD's and genital infections



Biography: Ben registered as a Medical Laboratory Scientist in 1978. Since then he has had an extensive career in the Diagnostic Microbiology Laboratory field. He provides NZ wide IPC consultancy services, with particular focus on infection prevention, emerging antibiotic resistance and its relationship to our microbiome and adverse health outcomes. Microbiology is fascinating!

Margie O'Reilly

NZRN

Occupation: Infection Prevention & Control Facilitator - Southern Cross Hospital Christchurch

Subjects:

- Hospital acquired infections
- MRSA, ESBL, VRE and other multidrug resistant organisms
- Using Personal Protective Equipment
- Clostridium difficile infection and other diarrhea infectious diseases

Biography: Margie is a vastly experienced IPC practitioner.

Ruth Barratt

NZRN; BSc, MAdvPrac (Hons)

Occupation: Infection Prevention & Control and Quality Advisor, Vector Consulting

Subjects:

- Hospital acquired infections
- MRSA, ESBL, VRE and other multidrug resistant organisms
- Using Personal Protective Equipment
- Clostridium difficile infection and other diarrhea infectious diseases
- COVID-19 and IPC measures
- IPC for GP practices (Cornerstone/Foundation accreditation requirements)

Biography: Ruth is a registered nurse, quality advisor and researcher. She holds a Masters in Infection Prevention and Control and is credentialed at expert level through the Australasian College for Infection Prevention and Control. Ruth has over 23 years of experience in this field across the private and public sectors in New Zealand and Australia and has authored several IPC journal publications. She has represented infection prevention and control professionals on a number of Australasian committees and working parties and is a present committee member of the Australian Infection Control Expert Group advising on COVID-19. In addition to her private consulting role, Ruth is currently studying for her PhD through the University of Sydney, with her research focus on personal protective equipment practice among clinicians.



James Hayes

BSc (Hons) Radiography
PG DIP Gastroenterology

Occupation: Medical Imaging Technologist – Virtual Medical Coaching Limited

Subjects:

- Radiological Assessment
- Lithotripsy
- Sports Imaging
- Paediatric Radiology

Biography: James has held a variety of positions in clinical radiography gaining broad experience. He has an outgoing personality which enables him to establish a good rapport with people of all age groups.



Hector Matthews

PG DIP Telecoms Systems
Management

Occupation: Executive Director, Māori and Pacific Health - Canterbury DHB

Subjects:

- Inequities in Maori Health
- Treaty of Waitangi – Implications for Healthcare

Biography: Hector is of Te Rarawa and Te Aupouri decent from the far north and is married with three children. Hector joined the Regular Force of New Zealand Army in 1984 and left in 1992 with the rank of Captain, to manage Ngā Hau E Whā National Marae in Christchurch. In 1996 he was seconded to the United Nations as Military Observer in Israel and Syria for 12 months, before returning to Canterbury to take up the position of Business Development Manager in Crown Public Health.



Prof Richard Sainsbury

MB ChB, FRACP
GRAD DIP ARTS

Occupation: Locum Physician in Geriatric Medicine

Subjects:

- Parkinson's Disease
- Depression in the Elderly
- A voyage around older person's health – challenges and issues

Biography: Prof Richard (Dick) Sainsbury is Emeritus Professor, Health Care of the Elderly, Christchurch School of Medicine and Health Sciences. He is also past president of the N.Z. Geriatrics Society.



Bronwyn Thompson

DIP Occupational Therapy
MSc (Psychology)

Occupation: Clinical Senior Lecturer, Dept of Orthopaedic Surgery and Musculoskeletal Medicine - University of Otago (Christchurch)

Subjects:

- Acute Lower Back Pain
- Chronic Pain Management
- Sleep for Persistent Pain
- Cannabis and Chronic Pain
- Sleep Management in Chronic Pain

Biography: Bronwyn has worked in the field of pain management for 19 years. Her roles have ranged from occupational therapy, pain psychology, vocational management, and policy development. She has also held positions in safe handling.



Linda Grady

NZRN, Med
PG Cert Leadership & Management

Occupation: CNS Intensive Care Unit - Southern DHB

Subjects:

- Sepsis and Shock
- Respiratory Failure
- CPAP and Non-Invasive Ventilation
- Recognising the Deteriorating Patient
- Tracheostomy management
- Respiratory assessment
- Cardiac Assessment
- Acute Kidney Injury
- Chest X-ray interpretation



Biography: Linda is currently Clinical Nurse Specialist for the Intensive Care Unit, Dunedin Hospital. She has extensive experience in a wide spectrum of critical care and aero-medical retrieval. She has completed a clinical master's in education.

Dr Anna Fenton

BHB, MBChB, PHD, FRACP

Occupation: Gynaecological Endocrinologist

Subjects:

- Menopause and HRT
- Osteoporosis
- PMS

Biography: Anna is a graduate of the University of Auckland Medical School. She completed advanced training in endocrinology in Australia gaining a PhD from the University of Melbourne in bone cell biology. She is also the director of Canterbury Bone Specialists.



Catherine Hammond

NZRN

Occupation: Wound Care Specialist - Nurse Maude

- Subjects:**
- Wound Management
 - Pressure Ulcers
 - Wound Care products

Biography: Cathy is a Clinical Nurse Specialist/Educator at the Nurse Maude Association in Christchurch. Her interest in wound management emerged from her District Nursing background in the UK. In 2000 Cathy set up a Leg Ulcer Clinic and works in a consultative capacity with the community team. Cathy assisted in developing the Post-grad Cert for Wound Management at Ara and continues her role as facilitator and tutor.



Dr Tony O'Brien

RN, BA, MPhil (Hons), PhD, FNZCMHN

Occupation: Associate Professor (Mental Health Nursing), University of Waikato

- Subjects:**
- Mental health skills:
 - Mental health in primary care
 - Mental health assessment
 - Suicidality and self-harm
 - Decision making capacity and duty of care:
 - Assessment of capacity
 - Duty of care
 - Mental Health Act
 - Physical health of people with mental illness:
 - Metabolic syndrome
 - Advance directives in mental health

Biography: Tony is a mental health nurse with over 40 years' experience in clinical practice, education, research and professional issues. Tony has expertise in mental health assessment, working with people who self-harm or are suicidal and in legal issues related to mental health care. Tony also has an interest in improving the physical and primary care provided to people with mental illness.



Julie Smith & Natalie Cowley

Occupation: Julie Smith and Natalie Cowley, Nurse Educators
 Children's Emergency Department
 Starship Child Health
 Auckland City Hospital



Subjects:

- Common presentations in Paediatric Emergency Care

Biography: Julie Smith has worked in the Children's Emergency Department for 21 years. During her time there she has gained an extensive knowledge of paediatric emergencies within her roles which have included CED Staff Nurse, Starship Flow Coordinator, CED Clinical Coach and currently the CED Nurse Educator.

Natalie has worked in Children's Emergency in Starship Health for 10 years, holding the position as the Nurse Educator since 2016.

Natalie has worked within Starship since 2006, previously working as a Staff Nurse on the General Paediatric ward until moving to the ED in 2008.

She has completed a post graduate diploma in Advanced Nursing focusing on Child Health and Education.

Deborah Bush

DIP Tchg
 LSB

Occupation: Chief Executive - Endometriosis New Zealand

Subjects:

- Endometriosis
- Dysmenorrhoea in girls and young women
- Pelvic Pain

Biography: Deborah is the co-founder of Endometriosis New Zealand (ENZ). She has a global influence on health promotion and prevention of endometriosis and is recognised as having expert knowledge in her field.



Dr Ruth Allen

Clinical Psychologist, PhDPG
DipClinPsyc, PG DipJour, MNZCCP

Occupation: Clinical Psychologist - Auckland DHB
Researcher - University of Auckland

Subjects:

- Too Worried? Stress, Anxiety and Panic Attacks
- Too sad? Depression and Grief
- Too prickly? Responding to people who seem hard to help (eg. “heartsink”, personality disorder)



Biography: Ruth has been a DHB clinical psychologist in adult community mental health for decades, including group and individual DBT. She completed a PhD in 2011, and now combines part-time clinical work with education (on mental health, BDP, qualitative research methods), research projects, and peer review for academic and community organisations.

Sharon Pryor

NZRN
BN, PG Dip.

Occupation: Nurse Coordinator, PDRP – CDHB

Subjects:

- Portfolio Development
- Competency Assessment
- Audit requirements for NCNZ
- Code of Conduct

Biography: Sharon runs the Professional Development & Recognition Programme (PDRP) for the Canterbury District Health Board.

Dr John Thwaites

MBA
FRACP

Occupation: Consultant Physician, Older Persons Health - Canterbury DHB

- Subjects:**
- Drug Interactions in the Elderly
 - Dementia – the Different Types
 - Falls in Older People
 - Falls, Fractures & Osteoporosis

Biography: John is a specialist Geriatrician for the Older Persons Health Specialist Service of the CDHB. He is also Director of the CDHB Medical Education and Training Unit.



Teresa Kilkenny

NZRN
PG DIP Endorsed in Nursing

Occupation: Community Respiratory Nurse - Canterbury Clinical Network

- Subjects:**
- Respiratory Medicine
 - Asthma
 - COPD
 - Oxygen Therapy

Biography: Teresa has worked in a variety of roles supporting respiratory patients both in hospital and community/home settings. Her present role involves delivering respiratory services, previously only available in hospital, to make it easier for patients to manage their respiratory condition and freeing up hospital specialists to focus on complex cases and specialised interventions.



Justine Scott

Occupation: Senior Advisor Operational Risk - Oranga Tamariki (Ministry for Children)

Subjects:

- Children at Risk
- Signs and Symptoms of Child Abuse and Neglect

Biography: Justine is an experienced front line social worker. She was recently Community Liaison Social Worker based in Christchurch prior to commencing her current role.



Murray Hart

NZRN

Dip Adv Crit Care Nursing

Occupation: Clinical Nurse Specialist/TAVI Coordinator , Cardiology - Canterbury DHB

Subjects:

- ACS and Myocardial Infarction
- Heart Failure
- 12 Lead ECG's
- Implantable Cardiac Defibrillators
- Aortic Aneurysms
- Cardiac Medications
- Blood Gas Analysis
- Advanced ECG – infarct revision; heart blocks; Long QT
- Management of Conscious VT and Arrhythmic Storm in an ICD Patient
- Atrial Fibrillation Management
- What's new in Cardiology – Percutaneous Advances
- Valvular Disease – Aortic & Mitral Valve disease and management
- Cardiovascular Disease in Women

Biography: Murray is Clinical Nurse Specialist in cardiology at Christchurch Hospital. His role encompasses a coronary care unit, cardiology ward and the Cardiac Cath Lab. In addition to his CNS role, Murray is TAVI Coordinator for the TAVI programme. His background experience within cardiology includes Cardiac Cath Lab, nurse educator and cardiology research.



Leigh O'Brien

NZ Registered Dietician
BSc, PG DIP Dietetics

Occupation: Dietitian

- Subjects:**
- Nutrition and gut health
 - Eating well to maintain weight
 - Dementia – role of nutrition in prevention and management
 - Nutrition and women’s health
 - Nutrition for the Elderly
 - Screening for and treatment of malnutrition
 - Nutritional management diarrhoea & constipation
 - Wound care - the role of nutrition
 - Irritable Bowel Syndrome – dietary management
 - Food and diabetes - facts and myths
 - Respiratory Disease and COPD - eating well to maintain weight



Biography: Leigh is a registered dietitian currently working in private practice in Christchurch. She has worked in the food safety field and has experience in providing clinical dietetic service for rest homes.

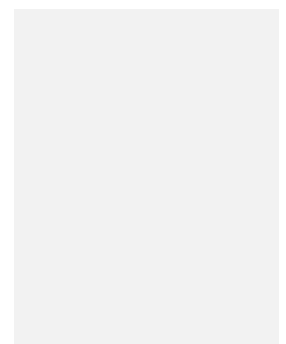
Adele Siave

BSLTh

Occupation: Speech-language Therapist - Christchurch Hospital

- Subjects:**
- Communication Disorders in the Elderly
 - Dysphagia and Aspiration Pneumonia

Biography: Adele is a Senior Speech Language Therapist covering neurosciences, general medicine & general surgery departments of Christchurch hospital. She previously worked as SLT at Counties Manukau Health.



Dr Michal Boyd

RN, NP, ND, FCNA (NZ) FAANP

Occupation: Senior Lecturer, School of Nursing - University of Auckland

Subjects:

- Dementia, Depression & Delirium – the 3D’s
- Frailty in Primary Healthcare
- Resilience and Burnout – RN’s

Biography: Dr Michal Boyd is a Gerontology Nurse Practitioner and a Senior Lecturer with the School of Nursing and the Department of Geriatric Medicine at the University of Auckland. She has been a provider, leader and researcher of care management for older people since the early 1990’s. She has published widely about the care of older people. She developed the “Residential Aged Care Integration Programme” at Waitemata District Health Board and led the development of the Ministry of Health Sponsored “Medicines Care Guides for Residential Aged Care”.



Jane Goodwin

NZRN, MHealSc

Occupation: Advance Care Planning Facilitator, Canterbury Initiative - Christchurch Hospital

Subjects:

- Advance Care Planning

Biography: Jane is one of two Advance Care Planning Facilitators for the Canterbury Initiative, Canterbury DHB. Jane also does research in Advance Care Planning and their most recent publication is ‘Conversations that count: Advance Care Planning as preventative medicine’.



Alan Beasley

NZRN, MSc

Occupation: Dementia Educator - Canterbury DHB

- Subjects:**
- Dementia, Depression and Delirium
 - Communication and Dementia
 - Person-centered care in Dementia care
 - Life story work in Dementia care



Biography: Alan has been a registered mental health nurse since 1997, working in a range of psychiatric areas including acute; community rehabilitation; forensic and dementia care. He now works in dementia education and has subsequently gained an MSc in dementia studies and advanced level qualification in the use of Dementia Care Mapping (DCM). These tools aid in enhancing dementia care through promoting reflective practice and positive interventions in this specialised area of care.

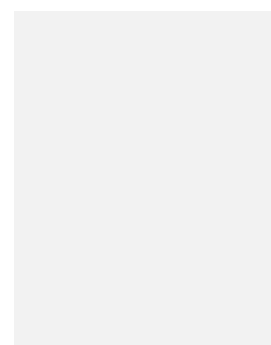
Neil Owens

NZRN

Occupation: Nurse Educator, Juvenile Diabetes - Canterbury DHB

- Subjects:**
- Type 1 Diabetes in Children

Biography: Neil has over ten years' experience as Nurse Educator for the paediatric diabetes service at Christchurch Hospital



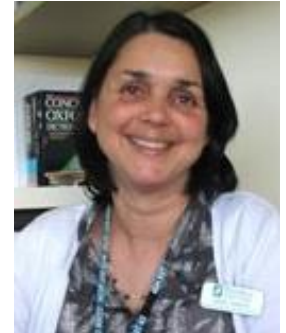
Janet Parker /Older Adult Health Team

NZRN, MN, Nurse Practitioner

Occupation: Older Adult Health Team of Clinical Nurse Specialists - Older Adults Health

- Subjects:**
- Medication Administration in the Elderly
 - Delirium in the Elderly
 - Advance Care Plans for the Elderly
 - Management of the Older Adult in Pain
 - Falls Prevention in the Elderly

Biography: Janet Parker has practiced in community health for many years first as a District Nurse and then as a Gerontology Nurse Specialist. She gained her Masters of Nursing in 2007 and then achieved Nurse Practitioner registration.



Yvonne Verner / Older Adult Health Team

NZRN

Occupation: Dementia Nurse Specialist, Older Adult Health Team - Waitemata DHB

- Subjects:**
- Dementia and Behaviours that Challenge Us

Biography: Yvonne has been nursing since 1972 and has a passion for working with people living with cognitive impairment. She has held the position of Dementia Nurse Specialist for almost 7 years since completing her Masters in Dementia Care in Australia. She works with complex clients living with cognitive impairment and their families in both inpatient and community settings



Anne Grinlinton / Older Adult Health Team

NZRN

Occupation: Wound Care Nurse Specialist for Residential Aged Care, Older Adult Health Team - Waitemata DHB

Subjects:

- The Complex Wound; wound bed preparation and a holistic assessment
- Pressure Injury Prevention

Biography: Anne has practiced in community based nursing for many years, initially as a District Nurse and then moving to gerontology nursing



Carole Pilcher / Older Adult Health Team

NZRN

Occupation: WDHB Gerontology Nurse Practitioner, Older Adult Health Team - Waitemata DHB

Subjects:

- Management of the older adult in pain
- Falls prevention in the older adult
- Delirium in the older adult

Biography: Carole is a Gerontology Nurse Practitioner at Waitemata District Health Board where she practices in the community, residential care sector, and has a weekly outpatient clinic.

Carole has been working in the specialty of gerontology for twenty years, was a gerontology nurse specialist for ten years before becoming a Nurse Practitioner in 2014.



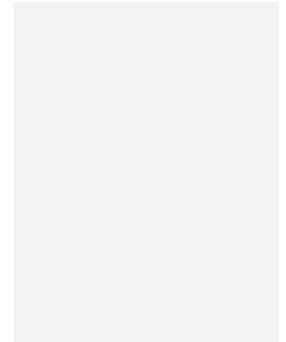
Aisha Paulose

Occupation: General Practitioner
Winton Medical Services

Subjects:

- Telephone Triage in Primary Care – Paediatric Triage
- Telephone Triage in Primary Care – Older Persons health and systems
- Safeguarding Children in Primary Care
- Assessing the Sick Child in Primary Care

Biography: Aisha trained in London. She held multiple roles including GP Trainer, GPwSI Paediatrics, Ministry of Defence GP and Telephone triage in Primary care, Urgent care and the ambulance service. She was the Child Protection lead GP for Kent, and wrote the National RCGP training toolkit for Child Safeguarding. She has become an active member of the NZ medical community since emigrating in 2015. She holds multiple roles in supervision and education, for which she is very highly regarded, for WellSouth, the MCNZ and RNZCGP, including leading the Otago and Southland GP training scheme. She is clinical editor for Health Pathways.



Chelsea Langman

Occupation: Registered Nurse Specialist in Skin Cancer and Dermoscopist - Skin Aware

Subjects:

- Skin Cancer facts and figures in NZ
- Early detection, early intervention, prevention
- Current treatment options for skin cancer
- Benefits of Dermoscopy in Primary Health Care
- Assessment of skin and the use of tele dermatology

Biography: Chelsea is a RN specialising in skin cancer, and is passionate about raising awareness of skin cancer prevention and detection. She has worked in a private GP skin cancer clinic developing skills in skin surgery and screening using dermoscopy.



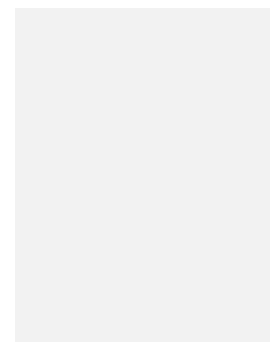
Waikato DHB Sepsis Action Group

Occupation: Nurse Coordinator, Sepsis Quality Improvement - Waikato DHB

Subjects:

- Incidence and pathophysiology of Sepsis
- Assessment and treatment of Sepsis in Adults (over 15 years of age)
- Assessment and treatment of Sepsis in Children (under 16 years of age)
- Assessment and treatment of Sepsis in the Maternal Woman (during pregnancy and up to 6 weeks postpartum)

Biography: The Sepsis Action Group has developed and launched clinical tools and pathways for use in the acute in-hospital settings, focusing on early recognition and treatment of Sepsis, and continue to develop “pre-hospital” screening tools for use in the community and mental health services. Their project research indicates NZ is lacking behind in the knowledge, awareness and standardisation of recognition of the care of patients with Sepsis.



Dr Kate Coffey

BA, MBBS, MRCOG, MMedSci, DPhil,
FRANZCOG.

Occupation: Consultant - Obstetrics and Gynecology, Otago

Subjects:

- Obstetric Emergencies
- Early Pregnancy Problems
- Cervical Screening
- Colposcopy

Biography: Kate is an Obstetrics and Gynecology consultant and a Senior Lecturer at the University of Otago in Women’s Health. She works clinically in Invercargill as a generalist obstetrician and as a Gynaecologist at Southland Hospital. Kate does her university work in Dunedin. Her special interests include lower genital tract disease, cervical cancer prevention and colposcopy; obstetric risk management, and teaching including interprofessional education.



Emil Schmidt

NZRN, BN
PG Cert Wound Care

Occupation: Wound Care Specialist - Dunedin Hospital

- Subjects:**
- Negative pressure wound therapy
 - Principles in wound care and dressing products
 - Pressure injury prevention
 - Pressure injury treatment
 - Wound assessment
 - The diabetic foot
 - Lower leg ulcers and treatment
 - Burns
 - In T.I.M.E wounds will heal
 - Integrated approach to wound debridement
 - Pilonidal sinus



Biography: Emil has an extensive background in wound care, general and vascular surgery, and intensive care. He is currently Wound Care Specialist for the ODHB where he is responsible for the selection and evaluation of wound products and technology. He is an executive member and treasurer of the NZ Wound Care Society.

Anna Elders

MN, PG Dip, CBT, BN

Occupation: Nurse Practitioner/Cognitive Behavioural Therapist
Mental Health Nurse Practitioner, Tamaki Health
Clinical lead for 'Just a Thought'
Professional Teaching Fellow – The University of Auckland



Subjects:

- Understanding and supporting people with Post Traumatic Stress Disorder
- Trauma informed care and trauma screening
- Understanding and working alongside clients with complex interpersonal styles
- Enhancing client engagement in change behaviour using motivational interviewing
- Female hormonal dysregulation and its impacts on mental wellbeing
- Chronic stress and mental health conditions – integrative treatment options for enhancing HPA axis function
- Complementary lifestyle approaches for enhancing mental health and wellbeing
- Using acceptance and commitment therapy as a brief, trans diagnostic tool

Biography: Dually trained nurse practitioner and cognitive behavioural therapist with almost two decades clinical experience within a variety of different treatment settings. Anna works as Clinical Lead for a new online CBT tool 'Just a Thought' and works in clinical practice providing psychiatric assessment and pharmacological, psychological and nutritional/integrative treatment within a primary care setting.

Maria Kekus

RN, NP, MN

Occupation: Clinical Director, Health Connections

Subjects:

- Youth Health Assessment and Engagement

Biography: Maria an expert child and youth health clinician and has contributed to best practice and clinical services through her leadership roles. Maria is currently the Clinical Director at Health Connections providing specialty primary health care to children and young people.

Her clinical and leadership roles have also included; Clinical Director of the Youth Health Hub, HealthWEST; Recipient of the Vodafone World of Difference scholarship for her work in the youth sector, Chair of the Society of Youth Health Professionals Aotearoa New Zealand (SYHPANZ), Board member of Thrive and national advisory roles.

Maria is also an Honorary Lecturer with the School of Nursing, Faculty of Health Science, University of Auckland and a guest lecturer with the School of Nursing, Massey University.



Janet Thackray

RN, RM, DN(Dip), PGCert (Hlt.Sci)

Occupation: Community Educator, Continence NZ

Subjects:

- Managing urinary conditions in Adults (includes pads, products, pessaries, prolapse, menopause)
- Managing bowel conditions in Adults
- Bladder and bowel issues in Children
- UTI's (including hygiene)
- Catheter management; IDC, SPC (including retention of urine)

Biography: Janet has been nursing for over 47 years in the UK and NZ mainly in Primary Care; the last 20 years in the continence field as a CNS and currently as Community Educator for Continence NZ. Janet also has a private business seeing patients in their own homes and educating nurses in rest homes and general practice. Janet is passionate about helping people manage their incontinence, and raising awareness that incontinence is not a normal part of being elderly or female.



Miranda Walker

RN, MPhil.

Occupation: Independent Healthcare Consultant – Diabetes and Kidney Disease

- Subjects:
- Diabetes
 - Chronic kidney disease
 - Diabetic kidney disease; early detection and management in Primary Care
 - Treatments for and management of end stage kidney disease



Biography: Miranda is a Registered Nurse and has worked for thirty years in diabetes and nephrology. For the last ten years she worked as a Clinical Nurse Specialist in Diabetes at Capital and Coast DHB. Prior to that she had a variety of roles in renal services in New Zealand and the United Kingdom, including Clinical Nurse Educator at Capital and Coast DHB.

Her Masters research explored early detection and treatment of diabetic kidney disease in the primary care setting. She has worked on a number of service improvement initiatives at a national level, including the National Consensus Statement on Managing CKD in Primary Care for the Ministry of Health, and leading the development of the National Knowledge and Skills Framework for NZ Nephrology Nurses for the Renal Society of Australasia.

Miranda currently works as an independent consultant, offering clinical advice, teaching, project management, and quality improvement services to health care professionals and organizations.

Carmel Gregan-Ford

RN

Occupation: Cancer Information and Support, Cancer Society of New Zealand

Subjects:

- Chronic Kidney Disease

Biography: Carmel completed her nursing training in South Canterbury and went on to complete her renal training in the UK where she worked for six years before returning to New Zealand. She has worked in a variety of clinical areas across the renal services including Clinical Nurse Educator and Consultant for the Strategic Renal Services Review and Pre-Dialysis Educator with Auckland DHB. She was National Education Manger for Kidney Health NZ where she worked for 17 years developing education resources for the management of chronic kidney disease. Carmel currently works for the Cancer Society of NZ.



Jane Morphet / Immunisation Advisory Centre

RN

Occupation: Programme Manager, Immunisation Advisory Centre, University of Auckland

Subjects:

- Childhood immunisation update
- Immunisation and pregnancy
- Immunisation across the lifespan
- National influenza campaign
- Occupational immunisation
- Immunisation in the Aged Care sector
- Storage and management of vaccines

Biography: Jane is a Registered Nurse/Midwife who works closely with a wide team of experienced advisors and educators around New Zealand working to ensure immunisation is delivered by a well-resourced, knowledgeable and equitable health professional workforce.



Shelley Eden

LLB
PGDipBus Admin

Occupation: Lawyer

- Subjects:**
- Legal issues in taking on employees
 - How to get the best from your people
 - Restructuring and redundancy
 - Disciplinary processes and dismissal
 - Dealing with personal grievances



Biography: Shelley has been a lawyer since 1992 and is currently the director of the employment team in a mid-sized law firm. Throughout her career she has also worked in-house, in senior management, and in education, lecturing in employment law, management and HR. Shelley works closely with clients to help them meet their obligations and have an engaged, productive workforce. She loves presenting and lecturing, and the opportunity this gives to educate business on issues related to their key resource: their people.