

YOU'RE INVITED TO A **ZOOM WEBINAR**



**RURAL NURSES
NEW ZEALAND**
Nga nahi tuawhenua o Aotearoa

CHRONIC PAIN MANAGEMENT WEBINAR

Daytime
webinar

**TUESDAY
7TH JULY
1PM - 2PM**



BRONWYN THOMPSON

PhD, MSc (Psych), DipOT Pain Management

Clinical Senior Lecturer, Dept of Orthopaedic Surgery
and Musculoskeletal Medicine - University of Otago

Bronwyn has worked in the field of pain management for 19 years. Her roles have ranged from occupational therapy, pain psychology, vocational management, and policy development. She has also held positions in safe handling.

What people with chronic pain want: ways to help people with persistent pain live better lives:

HER TOPIC WILL INCLUDE

- raising the topic
- finding out the person's main concern (what matters most)
- why sleep management is important
- developing a pain plan
- medication adherence
- coping strategies

REGISTRATIONS REQUIRED

Use the link: <https://tinyurl.com/y8m45lw4>