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Mobile Health Group Newsletter - July 2025



Kia ora koutou,

In May, I found myself on the other side of the healthcare experience - a patient, undergoing hip replacement surgery, a procedure I approached with optimism and trust in the promise of a swift recovery. However, the reality proved more challenging than expected. The pain was more intense, and the recovery slower than I had anticipated. Just as I began to regain confidence in my mobility, I fell down the stairs at home that led to further surgery and an extended period of rehabilitation. For four weeks, I was unable to bear weight, and even now, I rely on crutches to assist me in getting around.

While this journey has tested me physically, it's also deepened my appreciation for the healthcare system I've long supported. From the surgical team to the nurses, physiotherapists, and support staff, I was treated with compassion, professionalism, and respect. Their dedication reminded me of the heart of our mission: to care for people, wherever they are.

This reflection comes at a fitting time, as we've just wrapped up our annual Clinical Education Week - a special opportunity for our teams to come together, connect, and learn. It's a week that celebrates professional growth, collaboration, and the shared commitment to improving care across Aotearoa. Seeing our clinicians exchange ideas and strengthen their skills reinforces the incredible value of investing in our people, so they can continue to deliver exceptional care to the communities we serve.

We're also pleased to share that Health NZ - Te Whatu Ora has extended our contract for the Mobile Surgical Unit - Te Waka Hauora. While we had hoped for a three-year extension to support the development of a new surgical unit, we've received a 12-month extension. Encouragingly, we've had positive indications that a longer-term agreement is close and expected to be confirmed in the coming weeks.

There's much more happening across our organisation - I encourage you to read on and explore what we've been up to. There's far more to share than I could possibly cover here.

Keep warm and stay safe,

Ngā mihi, Mark Eager, Chief Executive Mobile Health Group

Mobile Health Group

Our new structure

On 1 July 2025, we officially amalgamated our two subsidiaries: Mobile Surgical Services Limited and Mobile Medical Technology (NZ) Limited - into a single entity: Mobile Health Group Limited. This change simplifies our structure and allows us to operate more efficiently, with Mobile Surgical and Mobile Medical continuing as brand names.

The amalgamation is for administrative purposes only. There will be no changes to ownership, directors, or control of Mobile Health Group Limited, and no impact on our staff or day-to-day operations. Mobile Health Group will succeed to all the property, rights, liabilities, and obligations of the amalgamating companies by operation of law. It's business as usual.



Celebrating our people

Celebrating 20 Years of service

Sue Wallace, our Scheduling and Liaison Manager for the Mobile Surgical Unit, has had a remarkable journey through the healthcare system. Beginning her career as a dental nurse, Sue transitioned into the coding department at Christchurch Hospital before joining Mobile Health Group (MHG) as both a coder and scheduler. Reflecting on her contributions, Mark Eager says, "Sue stepped into a role that demanded a high level of organisation and brought something truly special - a quiet, steady presence that built bridges across teams and communities."

Mark adds, "Over the years, Sue has cultivated strong, meaningful relationships - not only with patients but also with the booking teams she consistently championed as essential to the surgical process. Sue has been a model of consistency. Whether navigating new systems or dodging mechanical pencil sharpeners, she has always brought grace, humour, and heart to everything she does."



Pictured above: Sue Wallace marks 20 years with MHG.

Health on the move

Our fleet of mobile units were recently featured in New Zealand Trucking Magazine. Headlined "Health On The Move," writer Faye Lougher explores the innovative work we do to bring surgical and diagnostic services to communities across Aotearoa.

The article highlights our mobile surgical, lithotripsy, and PET-CT units, which have collectively treated more than 50,000 patients.

Read the article



Pictured above: Mobile Imaging unit travelling to Dunedin.

RuralFest 2025: Advocacy in action

The 9th annual RuralFest brought together rural health leaders, advocates, and decision-makers from across Aotearoa to champion the needs of rural communities. Organised by Hauora Taiwhenua Rural Health Network (HTRHN), the event continues to grow in influence and impact.

Mark Eager has attended all nine RuralFest events and played a foundational role in establishing the event alongside HTRHN. His enduring commitment reflects the strength and continuity of rural health advocacy. HTRHN has become a respected voice in the sector, forging strong partnerships with political parties, Health NZ, and other key stakeholders. Their influence is evident - they are now being invited to contribute during the design phase of health initiatives, not just the implementation.

This year's key themes included:

- Workforce development supporting student pathways and professional retention
- Rural proofing ensuring policies work for rural communities
- · Equitable access to diagnostic testing
- **Telehealth** expanding digital care options
- Waikato Medical School supporting rural medical education
- National Travel Assistance improving access to care

HTRHN will publish a full list of RuralFest 2025 priorities in the coming weeks.







Pictured: Honourable Matt Doocey, Minister for Mental Health & Associate Minister of Health.

Nominate your Local Legend!

Do you know someone who works on or supports our Mobile Surgical Unit – Te Waka Hauora, and goes above and beyond? The Local Legend Awards is open for nominations!



To learn more and nominate





Mobile Imaging

Service schedule extends

We're pleased to announce that Mobile Imaging is expanding its services! To better meet the needs of our communities, we're adding an extra day of service at both our Dunedin and Palmerston North sites. This expansion reflects our ongoing commitment to improving access to high-quality imaging services across Aotearoa. Our schedule operates on a fortnightly rotation of spending one week in the North Island and one week in the South Island.

Current schedule



Pictured above L-R: Greg Wood (Woody) & Rodney Turkington - Mobile Imaging's Steerologists.



Mobile Surgical

Clinical Education Week - a week of learning, leadership, and connection

This year's MHG staff Clinical Education Week was held from 30 June to 4 July at Rydges Latimer Christchurch, bringing our team together for a week of hands-on learning, inspiring talks, and meaningful connection.

The week featured engaging education sessions, realistic clinical scenarios, and presentations from Professor Frank Frizelle (Colorectal Surgeon), Elle Cradwick (Mental Health Educator), and Tim Mackay (Principal Dental Officer). Their insights sparked reflection and renewed passion for our work. While Clinical Education Week is a time to grow our skills, it's also a chance to reconnect, reflect, and celebrate the collective spirit that makes our team's "secret sauce" so special.







Pictured: Clinical team sharing smiles and success.



Pictured: Hands on care: CPR training session.

Local Legend Awards

Nominations are rolling in for the <u>Local Legend Awards</u>, a special initiative to recognise and celebrate the outstanding contributions of local health workers at our host sites.

This initiative is a great way for us to not only say thank you for supporting our health delivery service and providing exceptional care to patients but to also acknowledge the positive impact these individuals have within the healthcare system, and in their communities.

One standout recipient is Jenny Parata, an admin superstar based at the Rangiora Health Hub in North Canterbury. Jenny's dedication to her work and her patients has earned her a reputation as a pillar of the local health team.

Read the full story



Pictured: Admin Superstar, Jenny Parata at Rangiora Health Hub.

Fieldays 2025: Health & Wellbeing Hub

Mystery Creek, just south of Hamilton City, once again delivered a spectacular showcase for this year's Fieldays, the largest agricultural event in the Southern Hemisphere. With thousands travelling from across the country (and beyond) to experience the buzz, Mobile Health Group was once again proud to be part of such a meaningful and impactful week. In the Health & Wellbeing Hub, MHG brought together over 40 health organisations to improve rural health access and encourage positive steps toward better wellbeing.

"Fieldays has always been about giving back to the rural community - it's not about flashy stands or hard sells but about creating genuine access. The Health and Wellbeing Hub reflects that perfectly. It's a powerful reminder that health doesn't belong in a waiting room; it belongs in the heart of the community. Every year, we're seeing more people step into the hub, ask questions they've been putting off, and walk away with support they didn't know they could access," says Mark Eager.

Read the full story





Pictured:: (Left) Andrew Panckhurst and Rosie Eager (Right) representing MHG at Fieldays 2025.

Fourteen Scholarships for rural students

Mobile Health Group | Hauora Taiwhenua Rural Health Scholarships are now open for 2025!

This opportunity will provide financial support to 14 rural students to pursue their health studies. The scholarships each valued at \$5,000, will be offered to any rural youth entering their first year of full-time undergraduate study in nursing, medicine, or allied health-related courses at any New Zealand Universities, Polytechnics, or PTEs.

We encourage you to <u>share this</u> with anyone you think would be interested in applying for this scholarship.

Find out more



Mobile Medical

30 years of Mobile Medical

As Mobile Medical approaches its 30th anniversary in July, we're proud to celebrate a legacy built on innovation, dedication, and impact. Over the past three decades, we've successfully treated more than 16,000 patients, bringing high-quality care to communities across New Zealand.

It all began with Dr. Jon Cadwallader, who co-founded a groundbreaking mobile kidney stone treatment service. Jon's unwavering belief in mobile healthcare as a way to bridge gaps in access has shaped everything we do. His tireless advocacy and vision have left a lasting legacy — one that continues to drive us forward.



Read Jon's story



Pictured above: The lithotripsy unit provides a mobile treatment environment with a dedicated state-of-the-art Extra Corporeal Shock Wave Lithotripsy (ESWL) machine for the treatment of kidney stones, as well as other urological procedures.

My Health Hub

RESCyou team brings critical training to Dargaville

My Health Hub's dedicated RESCyou tutors recently headed up north to deliver essential emergency care training in Dargaville - a region that's been in the spotlight due to a shortage of on-call doctors after 5pm. This made the course especially timely and impactful for local clinicians. They were also joined by a couple of on-call Hato Hone St John paramedics, making it a fantastic opportunity to support the entire local emergency healthcare team.

The teaching team proudly wore their Mobile Health Group caps from the <u>Local Legends</u> goody bags - each of them nominated for these awards in recognition of their volunteer teaching efforts. A huge thank you to this incredible group of professionals for their dedication to rural health.



Pictured:: (L-R) Ruth Large, Jared Bayless, Mariska Lambert and Peter Freeman. (Drs Shameem Safih and Wei Yin Tan, absent for this course, are also part of this amazing Team).

Upcoming webinars on My Health Hub



Mobile Health Group's values and mission

As we grow, we have taken the time to capture our vision, mission and values for the company. These serve as the guiding principles that drive everything we do so that we continue to create value and make a difference. Our shared identity reflects our commitment to bringing only the best healthcare services to New Zealanders.

Our company's vision is unchanging – we strive for a future where no matter where you live, healthcare services are accessible to everyone. It's the future we need to build to sustain a healthcare system that doesn't leave anyone behind.







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